

COMPETITION STREAM HOLIDAY PROGRAM TIMETABLE DECEMBER 2022 & JANUARY 2023 – STAR SQUAD

Competition Stream		Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	AM	Monday 19 December to Friday 23 December	8.00am to 9.30am	8.00am to 9.30am	8.00am to 9.30am	8.00am to 9.30am	8.00am to 9.30am
	PM						
Week 2	AM	Tuesday 3 January to Friday 6 January	Public Holiday No Training	No Star Squad Sessions Scheduled (all Star squad memberships on automatic suspension)			
	PM						
Week 3	AM	Monday 9 January to Friday 13 January	8.00am to 10.00am Star Squad Camp	8.00am to 10.00am Star Squad Camp	8.00am to 10.00am Star Squad Camp	8.00am to 10.00am Star Squad Camp	8.00am to 10.00am Star Squad Camp
	PM						
Week 4	AM	Monday 16 January to Friday 20 January	8.30am to 10.00am	8.30am to 10.00am	8.30am to 10.00am	8.30am to 10.00am	8.30am to 10.00am
	PM						KPSC Festival of Swimming Fri 20 th & Sat 21 st
Week 5	AM	Monday 23 January to Wednesday 25 January	8.30am to 10.00am	8.30am to 10.00am	8.30am to 10.00am	Public Holiday No Training	No Training
	PM		4.00pm to 5.30pm		4.00pm to 5.30pm		