

SWIM STREAM HOLIDAY PROGRAM TIMETABLE DECEMBER 2022 & JANUARY 2023 – SWIM FIT SQUAD

Competition Stream		Dates	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	AM	Monday 19 December to Friday 23 December	No Swim Fit Squad Sessions Scheduled (all Swim Fit memberships on automatic suspension)					
	PM							
Week 2	AM	Tuesday 3 January to Friday 6 January	Public Holiday No Training	No Swim Fit Squad Sessions Scheduled (all Swim Fit memberships on automatic suspension)				
	PM							
Week 3	AM	Monday 9 January to Friday 13 January	10.00am to 11.00am	10.00am to 11.00am	10.00am to 11.00am	10.00am to 11.00am	10.00am to 11.00am	
	PM							
Week 4	AM	Monday 16 January to Friday 20 January	8.00am to 9.00am	8.00am to 9.00am	8.00am to 9.00am	8.00am to 9.00am	8.00am to 9.00am	
	PM							
Week 5	AM	Monday 23 January to Wednesday 25 January	8.00am to 9.00am	8.00am to 9.00am	8.00am to 9.00am	Public Holiday No Training	No Training	
	PM							