



Co-Curricular Programs

Monday 23 March to Friday 3 April 2020

SPORT

Due to advice from the Australian Health Protection Principal Committee all General fitness, Artistic Gym and Tennis sessions are cancelled as of Thursday 26 March.

Rhythmic Gymnastics will continue in an online format and families will be contacted by Ms Watson for how to access this resource.

On-line Sports for Students

In addition to the on-campus sports sessions above, our Head Coaches will be providing online training sessions and activities across a range of sports for girls to do at home. These will be accessible through Teams in the folder "Sport for Students" from late in Week 9 and further information will be provided in the coming days via the Skoolbag app.

EXPERIENTIAL EDUCATION

Cadets on Lang Lawn:
Monday 4.00pm to 5.00pm

AQUATIC CENTRE

Due to the current Commonwealth Government advice, the Aquatic and Fitness Centre at *Pymble* has now been shutdown as of 12.00pm on Monday 23 March 2020. No further squads or swimming lessons will be conducted in the facility and the gym is closed. Communication will be sent to *Pymble* Swimming families once the Centre is able to reopen.

EXTENDED LEARNING

An online learning program will be offered for the following programs during their regular class times:

- **Book Club**
- **Coding Classes**
- **Robotics** (reduced load – times will be sent via email)
- **Junior Chess**
- **Cartooning** (online learning program is being explored as an option, not yet confirmed)

Participants registered in each program will be contacted by email with the details of the program and how to gain access. These sessions will not be open to all students, only those currently registered in these programs for Term 1/Semester 1.

PERFORMING ARTS

An online learning program will be offered for the following programs:

- **Dance** (see below)
- **Speech and Drama via Teams**

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- **Music Private Lessons via Teams**
- **Mooting**
- **Mock Trial**
- **Mediation** (to be confirmed)

Participants registered in each program will be contacted by email with the details of the program and how to gain access.

Dance

Onstage Stream

We are working to provide Dance sequences in a variety of styles on Canvas or SeeSaw to help keep the girls on their toes!

RAD Ballet

All exercises will be available online via Canvas or SeeSaw

Eisteddfod Dance

Will be provided online via Canvas in the form of demonstrations for the girls to watch and practice.

Keep an eye on SeeSaw and Canvas, as the online learning materials will be added throughout next week!