



## Filling in the Southbound Adventures

### Medical Form online

You will be able to register and enter the medical form after **Wednesday 19<sup>th</sup> August 2015**

You must have completed the form by **Friday 4<sup>th</sup> September 2015**

#### Program Name: Pymble Year 7- 2015

Prior to attending a program with Southbound Adventures we invite you to the Southbound Adventures website to fill in the medical form and access all information pertaining to your students program. Please note this medical information is required by Southbound Adventures and is independent of the **Pymble Ladies College** Medical information that families are required to complete for school.

#### You will need the following information to complete your medical form:

- Participant ID; **(This is your Pymble Student ID recorded in your daughter's diary)**
- Participant **Date Of Birth**
- An emergency contact that will be available for the duration of the program
- Medicare care number
- Doctor's contact information
- Your child's medical history including tetanus inoculations

**Please Note:** We are currently updating our website so that the medical form can be completed on a mobile device. In the interim please complete the form on a PC to ensure it is submitted correctly.

#### Completing the Medical Form:

1. Visit [www.southbound.com.au](http://www.southbound.com.au)
2. For new users select **sign up**, for existing users simply sign in

Username  
Password  
Sign up Login  
Forgot password

3. Please register as a Parent/Guardian.

I am a  Parent  Teacher  School Coordinator

4. You will then be sent a confirmation email to activate your account.
5. Once your account is activated, login to the Southbound Adventures website with the username and password you have set up when registering
6. Upon logging in you will see your parent profile
7. Select **"New /update Medical Form"**
8. An information panel will explain the medical form.  
To enter the form, simply select **"Enter Medical form"**
9. Here you will be required to enter the participants information, submitted will direct you to the medical form.
10. Please complete all sections of the medical form
11. Please only submit the form once all information is complete as you will not be able to re-enter for security reasons
12. Any further updates to your child's medical form after completion can be sent to [staff@southbound.com.au](mailto:staff@southbound.com.au)

Parent's Profile  
View Profile New/Update Medical Form  
Enter Medical Form

which once

The following can also be accessed on the website:

- Student gear list
- Southbound Adventures Online Gear Store – where you can receive a 20% discount!
- Live Program Blog

#### Privacy Policy:

Southbound Adventures is committed to protecting user privacy. When filling in online forms using this portal, please enter your child's Student ID as supplied by your School Coordinator. Please be assured that this site operates with encryption technology to ensure your information is well protected