



Secondary Sailing

Summary of the Program

This Sailing program is designed for students in Years 7 to 12 of all abilities. After registering, students will be placed into either a Beginner or Advanced training group by coaching staff. The Sailing Program at *Pymble* for Beginners provides an opportunity to learn and develop the fundamental skills of sailing a Pacer Sailing Boat. Students learn water safety, basic boat handling skills and an introduction to Teams Racing.

For Advanced Sailors further Teams Race training will be developed, alongside understanding race tactics and strategy, and how to apply the racing rules of sailing. The program uses experienced instructors from the Royal Prince Alfred Yacht Club (RPAYC), Newport to support the learning and development of these participants.

Program Information

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| Last Revised | 14 January 2020 – Updated for 2019/2020 information |
| Registration Advice | This is a TERMLY program. Registration is required toward the end of the previous term for applicable terms. A new registration and indemnity form must be completed each term your daughter would like to participate. |
| Charging Advice | This program will be charged at the end of Term 4 2019 and Term 1 2020. |
| Program Coordinator | Mr Edward Elwood Hall EEllwoodHall@pymblelc.nsw.edu.au |
| Coaching Director | N/A |
| Instructor/Teacher | N/A |
| Administration | ccsa@pymblelc.nsw.edu.au |
| Term/s | Term 4 (2019) Term 1 (2020) |
| Years | Term 4 2019: Years 6 to 11 Term 1 2020: Years 7 to 12 |
| Eligibility Requirements | All students must be competent swimmers and able to swim 100m unassisted. Students in Year 6 2019 wishing to register must have previous Sailing experience, must be going into Year 7 at <i>Pymble</i> in 2020, and registrations are not guaranteed until reviewed by the Manager. Please contact the Sailing Manager if you would like to discuss your daughter's eligibility. Students in Year 6 2020 will be able to register for the Term 4 2020 program at the end of Term 3 2020. |
| Days/Times | Thursdays 3.30pm to 7.10pm Saturdays 9.15am to 12.00pm |

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| Program Cost (and itemised inclusions) | <p>Term 4 (2019) Thursday: \$280.00 Saturday: \$175.00</p> <p>Term 1 (2020) Thursday: \$400.00 Saturday: \$250.00</p> <p>Includes: Lesson instruction by RPAYC staff, provision of all required equipment, and bus travel to and from RPAYC (Thursday's only)</p> |
| Program Extras and Additional Costs | <p><i>Pymble</i> Rash shirt (optional) \$40.00</p> <p>These can be purchased via the Skoolbag eForm "<i>Sport and Activities Uniform Order Form</i>".</p> |
| Minimum | N/A |
| Maximum | <p>Thursday: 23 students Saturday: 15 students</p> |
| Program Dates (Start/End) | <p>Term 4 2019: Thursday 17 October to Saturday 30 November Term 1 2020: Thursday 6 February to Saturday 4 April</p> |
| Venues/Rooms/ Locations | <p>Royal Prince Alfred Yacht Club (RPAYC) – Pittwater Bus travel to and from RPAYC is provided on Thursday's. Students must make their own way to and from RPAYC on Saturday's.</p> |
| Uniform | <p><i>Pymble</i> Saturday Sport Shirt <i>Pymble</i> PE Shorts Suitable Shoes Rash shirt (option to purchase a <i>Pymble</i> Rash Shirt above)</p> |
| Equipment | <p>All equipment required for sailing will be provided including safety gear such as life jackets.</p> <p>Please ensure students bring their own sunscreen/zinc, water bottles and sufficient snacks for before/after the session.</p> |
| Associated Programs | <p>Pittwater Teams Racing Regatta (Dates TBA) 2020 NSW Secondary Schools Teams Racing Championships (Dates TBA) 2020 ACT Secondary Schools Team Racing Championship (Dates TBA) <i>Selected students only will compete in these competitions.</i></p> |
| Further Information | <p>Students/Parents/Carers are to complete an RPAYC indemnity form and return to Michael Massih via email (mmassih@pymblelc.nsw.edu.au) by Monday 3 February 2020. This will be sent via email once registration has closed. Students will not be able to participate unless they have filled in and returned this form.</p> |