



Interschools Badminton 2020

Summary of the Program

Badminton is a sport played using racquets to hit a shuttlecock across a net. Although it may be played with larger teams, the most common forms of the game are "singles" (with one player per side) and "doubles" (with two players per side). The flight of the shuttlecock gives the sport its distinctive nature. Badminton is a game that demonstrates speed, stamina, agility, power and also delicate skills and touches. It is also a game of strategies, tactics and mental fitness.

Interschools Badminton is a graded Saturday morning sports competition for students in Years 7 to 12. It is open to all abilities, beginner to advanced. The competition is run across various venues mainly in the Northern Sydney region and girls are expected to travel to matches outside of Pymble. Match times and locations will become available closer to the start of Term 1. Students must be able to attend their allocated training sessions, this will become available when final team lists have been released.

Program Information

Last Revised	14 January 2020 – Updated for 2020 information
Registration Advice	This is a SATURDAY SPORT program. Due to competition timelines, registration is required at the end of Term 3 2019. All on time registrants will get a place in this sport.
Charging Advice	This program will be charged at the end of Term 1.
Program Coordinator	Ms Gina Rees GRees@pymblelc.nsw.edu.au
Coaching Director	N/A
Instructor/Teacher/Coach	N/A
Administration	ccsa@pymblelc.nsw.edu.au
Term/s	Term 1 (2020)
Years	Years 7 to 12 (2020)
Eligibility Requirements	N/A
Days/Times	<p>Training Tuesday 6.45am to 8.00am Thursday 6.45am to 8.00am All training sessions must be attended each week unless the Program Manager has been notified otherwise.</p> <p>Competition Saturdays 7.30am to 12.00pm</p> <p>Matches – 1 hour. Students must be available to play their match anytime within these hours. Each team will play a series of five games (three doubles and two singles) in their hour timeslot.</p>



Program Cost (and itemised inclusions)	\$121.00 Includes: Two weekly training sessions, competition registration, and Fitness Centre access during Term 1 2020
Program Extras and Additional Costs	N/A
Minimum	No Minimum
Maximum	No Maximum
Trials/Auditions	Term 1 2020 – Saturday 1 February (TBC – Further details in December 2019) <i>Please note: Teams will be finalised at the start of Term 1 2020.</i>
Program Dates (Start/End)	Training Tuesday 4 February to Thursday 2 April Competition Saturday 8 February, Saturday 15 February, Saturday 22 February, Saturday 29 February, Saturday 7 March, Saturday 14 March, Saturday 21 March, Saturday 28 March, Saturday 4 April
Venues/Rooms/ Locations	Various Sydney locations
Uniform	<i>Pymble</i> Saturday Sport shirt Navy <i>Pymble</i> shorts White school sport socks
Equipment	All equipment is provided by the College. Students may loan a racquet from the school for the duration of the term. Students are also welcome to purchase and use their own racquets.
Associated Programs	N/A
Further Information	Fitness Centre access: Students registered for Interschools Badminton will be given access to the Fitness Centre throughout Term 1.