



Santa Sabina Volleyball Competition 2020

Summary of the Program

Volleyball at *Pymble* is becoming more popular each year. The program caters for all students in Year 7 to 11 across all ranges of ability. This program develops students' volleyball skills, game strategies, fitness and builds effective communication and teamwork skills. Students participate in two training sessions a week and compete in the Santa Sabina Competition on Saturday mornings throughout Term 4.

Program Information

Last Revised	14 January 2020 – Updated for 2020 information
Registration Advice	This is a SATURDAY SPORT program. Due to competition timelines, registration is required at the end of Term 2 2020. All on time registrants will get a place in this sport.
Charging Advice	This program will be charged at the end of Term 1.
Program Coordinator	Mr. Jack Garrad JGarrad@pymblelc.nsw.edu.au
Coaching Director	N/A
Instructor/Teacher	N/A
Administration	ccsa@pymblelc.nsw.edu.au
Term/s	Term 4
Years	Years 7 to 12
Eligibility Requirements	N/A
Days/Times	<p>Training Two sessions per week (am/pm) Students will be notified of their training schedule at the end of Term 3 2020. The training sessions will be before or after school in the following time slots: 6.45am to 8.00am or 3.30pm to 5.00pm Each player must attend training sessions each week unless the Manager has been notified.</p> <p>Competition Saturday 7.30am to 12.00pm Matches – 1 hour. Students must be available to play their match anytime within these hours.</p>



Program Cost (and itemised inclusions)	\$121.00 Includes: Two training sessions per week, competition registration and Fitness Centre Access for Term 4.
Program Extras and Additional Costs	N/A
Minimum	No minimum
Maximum	No maximum
Program Dates (Start/End)	Term 4: Monday 12 October to Saturday 28 November
Trails	Trials for the Term 4 Santa Sabina Competition will be held in mid-August 2020. Confirmation of the date and time will be advised early in 2020. The trials will run concurrently with the Volleyball Development program that is on the PE Centre. Wear: PE uniform and appropriate footwear
Venues/Rooms/Locations	<i>Pymble</i> PE Centre - training Santa Sabina College - games (90 The Boulevard, Strathfield)
Uniform	<i>Pymble</i> Saturday Sport Shirt <i>Pymble</i> PE Shorts Saturday Sport Tracksuit <i>Pymble</i> P Cap White P socks Suitable Sports shoes Knee Guards (optional)
Equipment	Students should bring a water bottle and sunscreen to all Saturday matches.
Associated Programs	Term 1 to 3 Volleyball Development allows students the opportunity to prepare for this Term 4 Competition. Registration in Volleyball Development is encouraged but not compulsory.
Further Information	CIS Open Volleyball Trials – Term 1 for selected students only (Date TBA) SVNSW Schools Cup Series – Terms 1 to 4 for selected students only (Dates TBC by NSW Volleyball). Series consists of weekday and weekend indoor volleyball tournaments that tour across NSW over the calendar year.