



## Artistic Gymnastics Scarlet Squad - Junior

Scarlet Squad is for students who wish to compete only at club or invitational competitions and has less intensive training requirements.

Scarlet Squad – Junior is for students who have successfully completed Foundation Levels (Level 1 and Level 2) and are currently working at National Level 3 or above, and are in Junior School.

Students with successful skill and strength testing results will be selected to represent Pymble Ladies' College at these club, invitational or team events. These students will progress through the National Levels Program, however at a slower pace.

Students are required to attend two sessions per week but may attend a third session should they wish to attend further training.

Program Contact	Artistic Gymnastics Administration Team <a href="mailto:ag@pymblelc.nsw.edu.au">ag@pymblelc.nsw.edu.au</a>
Head Coach	Ms Catherine Howitt
Term/s	Terms 2 to 4 – 34.5 weeks
Years	Year 3 to 6
Days/Times	Tuesday 3.30pm to 6.30pm Thursday 3.30pm to 6.30pm Saturday 12.30pm to 3.30pm Students select two of the three sessions available per week, with a third session being optional.
Cost	2 days per week: \$1796.00 (34.5 weeks) 3 days per week: \$2349.00 (34.5 weeks)  <b>Annual fee includes in addition to termly tuition:</b> <ul style="list-style-type: none"> <li>• Holiday gymnastics</li> <li>• Annual membership</li> <li>• Registration and insurance with Gymnastics NSW and Gymnastics Australia</li> <li>• Pymble Gymnastics Gala Event</li> </ul> Additional charges are applicable for students who compete. Competition levy and events entry fees will be applicable
Program Dates (Start/End)	Student start and end dates for competitive students vary due to competition schedules. Students in Scarlet Squads train 34.5 weeks of the year, which includes all term dates.



	<p>Holiday gymnastics is included within the annual fee, however there will be allocated weeks off e.g. Christmas / New Year period, in addition to a number of other weeks.</p>
Uniform/Equipment	<p>All students training in the Competitive Artistic Gymnastics Program must wear a leotard and/or crop top and bike pants to training. This is required for safety reasons so that the coach can help your daughter correctly when teaching her new skills and shapes.</p> <p>A full equipment list will be provided in the 2017 Artistic Gymnastics Handbook.</p> <p>Please also note that all gymnasts are expected to tie up their hair neatly and tightly for gymnastics. If your daughter has long hair, please ensure that it is tied up for safety reasons. Please pack spare elastics and clips in your daughter's gymnastics bag and the coaches can fix hair at the beginning of training if required.</p> <p>Competition uniform is also required for events.</p>
Venues	Artistic Gymnasium – Lower level of PE Centre
Further Information	Registration is for the full year and inclusive of holiday gymnastics, annual membership and registration and insurance with Gymnastics NSW and Gymnastics Australia.