



## Diving – Junior FunDive

The Junior School FunDive program at Pymble is open to all girls in Years 3 to 6 who have an interest in learning to dive during school time. The program is structured around short sessions focusing on the fundamental stages of diving to develop body awareness and basic skill development.

Students can choose the number of days they would like to participate in the registrations. Students who wish to progress through to the Pathways and Competitive program are encouraged to attend at least two FunDive sessions per week to aid skill and fitness development.

**CHANGES TO THE DIVING PROGRAM:** Students will now register for the whole year (Terms 2 to 4) with an option to 'opt out' at the end of each term if they no longer want to participate. Students must 'opt out' by the last day of term or their registration will roll over to the next term.

Program Manager	Monique Zahra <a href="mailto:mzahra@pymblelc.nsw.edu.au">mzahra@pymblelc.nsw.edu.au</a>
Coaching Director	Mrs Chris Lang <a href="mailto:clang@pymblelc.nsw.edu.au">clang@pymblelc.nsw.edu.au</a>
Term/s	Term 2 to 4 This program is a yearly registration
Years	Year 3 to 6
Days/Times	Tuesday: 12.45pm to 1.35pm Friday: 12.45pm to 1.35pm Saturday: 12.00pm to 1.30pm
Cost	Tuesday: \$230.00 Friday: \$230.00 Saturday: \$615.00
Maximum	20 students
Program Dates (Start/End) Tuesday	Term 2: Tuesday 7 February to Tuesday 4 April Term 3: Tuesday 18 July to Tuesday 19 September Term 4: Tuesday 10 October to Tuesday 28 November
Program Dates (Start/End) Friday	Term 1: Friday 17 February to Friday 31 March Term 3: Friday 5 May to Friday 23 June Term 4: Friday 13 October to Friday 1 December
Program Dates (Start/End) Saturday	Term 1: Saturday 11 February to Saturday 1 April Term 3: Saturday 22 July to Saturday 16 September Term 4: Saturday 14 October to Saturday 2 December
Venues	Pymble Aquatic Centre
Uniform	Pool Sessions: Pymble costume