



Preparatory Diving

Diving is a dynamic sport that combines grace, courage, skill and athleticism. It is a sport that belongs to all and there is no better time to take up the challenge than in the preparatory school years.

The Diving program is available to girls in Years 1 and 2 from the Preparatory School during Term 1 and 2 and Kindergarten to Year 2 in Terms 3 and 4. Diving will be held at Pymble Ladies' College with a combination of water (Aquatic Centre) and Dryland (Artistic gym). This program is encouraged for continuing and beginner divers new to the sport of diving. As this is a specialist program, the numbers will be capped at 12 students to allow for the full development of each student.

Program Manager	TBC ccsa@pymblelc.nsw.edu.au
Coaching Director	Mrs Chris Lang clang@pymblelc.nsw.edu.au
Term/s	Term 1 This program will be available every term
Years	Year 1 and 2
Days/Times	Tuesday and Friday: 2.45pm to 3.45pm Saturday: 2.00pm to 3.30pm
Cost	\$212.00
Maximum	12 students
Program Dates (Start/End)	Term 1: Tuesday 7 February to Tuesday 4 April
Venues	Pymble Aquatic Centre
Uniform	Pool Sessions: Pymble or other appropriate diving costume