



Preparatory Diving

Diving is a dynamic sport that combines grace, courage, skill and athleticism. It is a sport that belongs to all and there is no better time to take up the challenge than in the preparatory school years.

The Diving program is available to girls in Years 1 and 2 from the Preparatory School during Term 1 and 2 and Kindergarten to Year 2 in Terms 3 and 4. Diving will be held at Pymble Ladies' College with a combination of water (Aquatic Centre) and Dryland (Artistic Gym). This program is encouraged for continuing and beginner divers new to the sport of diving. As this is a specialist program, the numbers will be capped at 15 students to allow for the full development of each student.

CHANGES TO THE DIVING PROGRAM: Students will now register for the whole year (Terms 2 to 4) with an option to 'opt out' at the end of each term if they no longer want to participate. Students must 'opt out' by the last day of term or their registration will roll over to the next term.

Program Manager	Monique Zahra mzahra@pymblelc.nsw.edu.au
Coaching Director	Mrs Chris Lang clang@pymblelc.nsw.edu.au
Term/s	Term 2 to 4 This program is a yearly registration
Years	Year 1 and 2
Days/Times	Tuesday and Friday: 2.45pm to 3.45pm Saturday: 12.00pm to 1.30pm
Cost	Tuesday and Friday: \$614.00 Saturday: \$614.00
Maximum	15 students
Program Dates (Start/End): Tuesday	Term 2: Tuesday 7 February to Tuesday 4 April Term 3: Tuesday 18 July to Tuesday 19 September Term 4: Tuesday 10 October to Tuesday 28 November
Program Dates (Start/End): Friday	Term 1: Friday 17 February to Friday 31 March Term 3: Friday 5 May to Friday 23 June Term 4: Friday 13 October to Friday 1 December
Program Dates (Start/End): Saturday	Term 1: Saturday 11 February to Saturday 1 April Term 3: Saturday 22 July to Saturday 16 September Term 4: Saturday 14 October to Saturday 2 December
Venues	Pymble Aquatic Centre
Uniform	Pymble or other appropriate diving costume