



Essential Study Skills

Essential Study Skills is a fun, fast-paced day which engages students and shows them how to study more efficiently and achieve better results through the use of simple and highly effective memory, reading and note-taking techniques. In this unique Study Skills Course students learn:

- Memory Skills - how much of your potential are you really using?
- Effective Reading - how well do you currently read and what's possible?
- What is Visual Note-taking - and why is it such a powerful study technique?

This course is designed and delivered in person by Australian Memory Record Breaker, Chris Lyons. Over the course of the last four years, Chris has delivered more than 100 presentations, workshops and coaching programs for high school students showing them how to study more effectively and improve their grades.

Program Co-ordinator	Mr Stuart Clark ccsa@pymblelc.nsw.edu.au
Facilitator	Gloo Study Skills http://www.gloo.com.au/Study-Skills.html
Term/s	Term 2 (1 day workshop)
Years	Year 7 to 12
Days/Times	Sunday 21 May 9.00am to 4.00pm
Cost	\$50.00
Minimum/Maximum	Min: 20 students
Venues	Will be advised
Equipment	Notebook and pens