

Development Tennis Squad – Year 5 and 6 (By invitation only)

Development squads will provide the platform for introducing athlete development through a higher intensity on court and movement specific warm ups. Development squad coaches will collaborate to build a positive team culture through group warm ups, point play and competitions. Players are highly encouraged to complete at least two on court sessions per week. By selection only from Mr. Sean White.

A high focus on developing tactical fundamentals, modern stroke production, tennis etiquette and specific tennis movement. Squads will run for one hour at the Secondary school courts run by Tennis Australia qualified coaches.

Entry criteria:

- Willingness to learn (high coachability)
- Shown interest in the sport for at least one year
- Great attitude and focus throughout sessions
- Strong results in Termly Tennis events
- Currently playing a weekend competition

<u>Pathway</u>: Year 5 and 6 development squad players that excel at a high rate and show motivation to play at a tournament level will be invited to *Junior Elite Squads*. Once players reach Year 7, an assessment will determine their next step transitioning into *Active Tennis Squads* or *Target Squads*.

CHANGES TO THE TENNIS PROGRAM

Students will now register for the whole year (Terms 2 to 4) with an option to 'opt out' at the end of each term if they no longer want to participate. Students must 'opt out' by the last day of term or their registration will roll over to the next term. Students will be charged at the end of every term.

| Program Co-ordinator | Miss Christina Horiatopoulos |
|----------------------|---|
| | choriatopoulos@pymblelc.nsw.edu.au |
| Coaching Director | Mr Sean White |
| | swhite@pymblelc.nsw.edu.au |
| Term/s | Term 2 to 4 |
| | Registration is for the remainder of the year |
| Years | Year 5 and 6 |
| Days/Times | Wednesday: 3.15pm to 4.30pm |
| | Thursday (Serve/Return): 12.45pm to 1.30pm |
| | Friday: 6.45am to 8.15am |
| Cost | Wednesday: \$650.00 |
| | Thursday (Serve/Return): \$182.00 |

Pymble Ladies' College | Avon Road Pymble NSW 2073 | PO Box 136 North Ryde BC NSW 1670



| | Friday: \$750.00 |
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| Program Dates | Term 2: Wednesday 3 May to Wednesday 21 June |
| (Start/End) | Term 3: Wednesday 19 July to Wednesday 20 September |
| Wednesdays | Term 4: Wednesday 11 October to Wednesday 29 November |
| Program Dates | Term 2: Thursday 4 May to Thursday 22 June |
| (Start/End) | Term 3: Thursday 20 July to Thursday 21 September |
| Thursdays | Term 4: Thursday 12 October to Thursday 30 November |
| Program Dates | Term 2: Friday 5 May to Friday 23 June |
| (Start/End) | Term 3: Friday 21 July to Friday 15 September |
| Fridays | Term 4: Friday 13 October to Friday 1 December |
| Venues | Secondary School Tennis Courts (Behind PE Centre) |
| Uniform | Racquet, Hat, PE/Sports uniform |

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Phone: +61 2 9855 7799 Fax: +61 2 9855 7766 www.pymblelc.nsw.edu.au in O f